

2020 Mega Grind Cues

- 0.0 km Starting on the northern side of the Rotorua Museum, head back along Queen's Drive towards the city (50 m)
- 0.1 km Turn left at the roundabout and ride along the front of the museum (170 m)
- 0.2 km Veer left (40 m)
- 0.3 km Turn right into Hatupatu Drive (180 m)
- 0.4 km Continue straight through the roundabout (140 m)
- 0.6 km At the T junction, turn left and loop around the back of the Sudima Hotel (150 m)
- 0.7 km Just before some more carparks, turn left onto a gravel path heading across the grass (20 m)
- 0.8 km Where the cycle path splits, take the gravel path to your left (200 m)
- 1.0 km Take the turnoff to your left, following the cycle path signs out along Sulphur Point Reserve (1.4 km)
- 2.4 km Where another track comes in from your right, keep going straight ahead (600 m)
- 3.0 km Go under the bridge, and immediately turn right to go up and across the bridge you just went under (100 m)
- 3.1 km Immediately after the bridge, turn right onto the gravel cycle path (1 km)
- 4.1 km Where the cycle path reaches a sealed road (Long Mile Road), turn right (800 m)
- 4.9 km Nursery Road veers off to the left. Follow this road towards the white gate (100 m)
- 5.0 km Go past the gate and follow Nursery Road up the hill (700 m)
- 5.7 km Turn left into Tokorangi Pa Road (500 m)
- 6.2 km Turn left onto the new "Forest Loop" singletrack (700 m)
- 6.9 km When you come out onto the road again, turn left (300 m)
- 7.2 km Turn left onto the "Forest Loop" track again (300 m)
- 7.5 km Just past the intersection with a walking trail, the track splits; take the left branch (900 m)

- 8.4 km The path goes under a wooden bridge (1.5 km)
- 9.9 km At the junction with Tank to Town, turn hard right and climb up the hill (300 m)
- 10.2 km Where the trail splits, turn left, following the sign to the water tank and Forest Loop (100 m)
- 10.3 km At the water tank, follow the gravel path straight ahead to rejoin the Forest Loop (1.2 km)
- 11.5 km When you reach a T junction, turn right (200 m)
- 11.7 km At unsigned forest road turn left (400 m)
- 12.1 km Veer right onto Te Pou-Koropu trail / Forest loop (1.35 km)
- 13.4 km The track crosses a road and continues on the other side (650 m)
- 14.1 km Enter new carpark entrance, head left pass forest gate onto forest road (800 m)
- 14.9 km Take the left "Feeder track" (900 m)
- 15.8 km Veer right and cross Blue Lake Reserve, Look for Tangaroa mihi track sign (200 m)
- 16.0 km Tangaroa Mihi Track / Forest Loop (2.4 km)
- 18.4 km Turn sharp right onto Tikitapu Rd / forest road (3.3 km)
- 21.7 km Where Moerangi Road goes off to the right, cut left across the gravel area to Jeff's Link (500 m)
- 22.2 km Left onto Green Lake Rd, then veer right at the picnic area (1 km)
- 23.2 km Left, go around forest gate and continue to Baja (200 m)
- 23.4 km Follow signs to Baja Trail (500 m)
- 23.9 km Hard Right onto Baja Trail / Forest loop (200 m)
- 24.1 km Veer Left onto grade 2 Baja (900 m)
- 25.0 km Right onto Mossy Trail (200 m)
- 25.2 km Left onto Te Ara Ahi cycle trail beside the highway (2.3 km)
- 27.5 km Veer Left onto Highlands Rd / Te Ara Ahi continued (900 m)
- 28.4 km Veer right (over the cattle grate) to continue to Highlands Loop Road (800 m)

- 29.2 km Turn left into the concrete cycle path beside the highway (2.4 km)
- 31.6 km Turn left onto Waimangu Road (5.9 km)
- 37.5 km Turn right onto Okaro Road (3.1 km)
- 40.6 km Turn left onto SH 38 (4.7 km)
- 45.3 km Turn left onto Rerewhakaaitu Road (5.3 km)
- 50.6 km At Rerewhakaaitu Village, turn left to stay on Rerewhakaaitu Road (5.7 km)
- 56.3 km Continue onto Ngamotu Road (23.4 km)
- 79.7 km Turn right onto Pokairoa Road (9.1 km)
- 88.8 km Turn right onto Kopuriki Road (14 km)
- 102.8 km Turn left onto SH 38 (1.1 km)
- 103.9 km Welcome to Murupara

There's accommodation at the motor camp, and a bakery and supermarket 300m down Pine Drive.

- 103.9 km Continue east on SH 38 (49.1 km)
- 153.0 km Ruatahuna

There's a café, shop and accommodation here.

- 153.0 km Continue along SH 38 (47.3 km)
- 200.3 km Waikaremoana Holiday Park is down the road to your right

There's camping and a small general store here.

- 200.3 km Continue along SH 38 beside the lake (14 km)
- 214.3 km Turn left onto Tuai Main Road (1 km)
- 215.3 km Tuai

There are two accommodation options here.

- 215.3 km Turn right onto Rotten Row (1 km)
- 216.3 km Keep right onto Piripaua Road (3.4 km)
- 219.7 km Turn left onto Lake Road, SH 38 (4.8 km)
- 224.5 km Turn right onto Waihi Road (20.2 km)
- 244.7 km Turn left onto Waireka Road (15.5 km)
- 260.2 km Continue straight onto Putere Road (3.7 km)
- 263.9 km Turn left onto Cricklewood Road (16.4 km)
- 280.3 km Veer right to stay on Cricklewood Road (16 km)
- 296.3 km Turn left onto SH 2 (2.4 km)
- 298.7 km Turn right onto Kiwi Valley Road (1.8 km)
- 300.5 km Turn right onto SH 2 (5.3 km)
- 305.8 km Veer Left into Paul Street / SH2 (300 m)
- 306.1 km Wairoa

A full range of services are available in Wairoa.

- 306.1 km Go straight at the roundabout and over the bridge (600 m)
- 306.7 km Turn left onto Mahia Avenue / SH 38 (200 m)
- 306.9 km Turn right onto Carroll Street / SH 38 (6.7 km)
- 313.6 km Turn right onto Tiniroto Road (35.4 km)

349.0 km Tiniroto

The pub has meals, and is open from 10am to 8pm Wed-Sun.

349.0 km Continue along Tiniroto Road (4.5 km)
353.5 km Turn right onto Parikanapa Road [No sign] (26.6 km)
380.1 km Turn left onto Tiniroto Road (500 m)
380.6 km Turn right onto Pehiri Road (34.6 km)
415.2 km Turn right onto Taumata Road (16.1 km)
431.3 km Turn left onto Wharekopae Road (School has water) (16.7 km)
448.0 km Turn right onto Tahora Road (15 km)
463.0 km Turn sharp right onto Rakauroa Road [Note DO NOT follow Motu trail] (19.9 km)
482.9 km Turn left onto Matawai Road, SH 2 (7.5 km)
490.4 km Matawai

There is food and camping here.

490.4 km Turn right onto Motu Road (10 km)
500.4 km Turn left to stay on Motu Road (3.2 km)
503.6 km Motu (16.1 km)

You can stay at the community house in Motu.

503.6 km Turn left and cross the bridge to stay on Motu Road (16.1 km)
519.7 km Turn left onto Pakihi Track [DOC hut 10km down trail] (18.5 km)
538.2 km Follow Pakihi Road, road narrow take care (7.3 km)
545.5 km Right onto Otara Road after crossing bridge (13.8 km)
559.3 km Turn right onto SH 2 and ride into Opotiki (700 m)
560.0 km Welcome to Opotiki

Full services are available here.

560.0 km Turn left onto Bridge Street, SH 2 (1.6 km)
561.6 km Turn left onto Woodlands Road (200 m)
561.8 km Turn right onto Hukutaia Road (1.4 km)
563.2 km Veer Right onto Crooked Rd (2.8 km)
566.0 km Continue straight onto Old Creamery Road (2.6 km)
568.6 km Turn sharp left onto Paerata Ridge Road (600 m)
569.2 km Turn right onto Verralls Road (1.7 km)
570.9 km Turn left onto Brown Road (1.8 km)
572.7 km Turn right onto Gabriels Gully Road (1 km)
573.7 km Turn left onto Waiotahi Valley Road (2.7 km)
576.4 km Continue onto Toone Road (2 km)
578.4 km Turn left onto SH 2 (4 km)
582.4 km Turn right onto Wainui Road (2.8 km)
585.2 km Turn sharp left onto Stanley Road (16.6 km)
601.8 km Turn right onto SH 2 (3.4 km)
605.2 km Taneatua

There's a petrol station, café and general store here.

605.2 km Continue along SH 2 (13.6 km)
618.8 km Turn left onto SH 30 (500 m)
619.3 km Awakeri

There are takeaways and a petrol station here.

619.3 km Continue along SH 30 (400 m)
619.7 km Turn left to stay on SH 30 (2.7 km)
622.4 km Awakeri Springs

There's camping, cabins, and hot pools available here.

622.4 km Continue along SH 30 (7.3 km)
629.7 km Te Teko

The general store here opens at 5 am.

629.7 km Continue west on SH 30 (7.1 km)
636.8 km Turn right onto Braemar Road (1.4 km)
638.2 km Turn left onto McIvor Road (10.3 km)
648.5 km Turn left onto Matahi Road (2.3 km)
650.8 km Turn sharp right onto Rendall Road (3.8 km)
654.6 km Turn left onto Manawahe Road (5.8 km)
660.4 km Turn right onto Hamilton Road [Ignore the "No Through Road" sign] (4.3 km)
664.7 km Turn right onto Pongakawa Valley Road (5.5 km)
670.2 km Turn left onto Rotoehu Road (10.7 km)
680.9 km Turn left onto Maniatutu Road (6 km)
686.9 km Turn left onto SH 33 (2.6 km)
689.5 km Okere Falls

The Okere Falls Store has good coffee and food.

689.5 km Continue along SH 33 (13.7 km)
703.2 km Turn left onto Coulter Road (200 m)
703.4 km Turn right onto Glenfield Road (300 m)
703.7 km Turn left onto Wharenui Road (500 m)
704.2 km Turn right onto Porikapa Road, which becomes Morey Street (1.4 km)
705.6 km At roundabout, go straight ahead onto Warwick Drive (500 m)
706.1 km Turn right onto Iles Road (300 m)
706.4 km Turn left onto Larcy Road (450 m)
706.8 km Turn left onto Lynbert Road (80 m)
706.9 km Turn right onto the walkway / cycleway, which comes out onto Moana Terrace (300 m)
707.2 km Turn right onto Tarawera Road (100 m)
707.3 km Turn left onto Long Mile Road (750 m)
708.0 km Turn right onto gravel cycle path (800 m)
708.8 km Turn left onto Te Ngae Road / SH 30, and ride across the bridge (100 m)
708.9 km Turn left immediately after the bridge, and loop under the bridge on the cycle path (100 m)
709.0 km On the other side of the bridge, continue straight ahead on the path beside the stream (500 m)

- 709.5 km Turn left, away from the stream (400 m)
- 709.9 km The path crosses a road and continues on the other side (900 m)
- 710.8 km Turn right, heading towards the hotel right in front of you (100 m)
- 710.9 km When you reach a sealed road, turn right and loop around the back of the hotel (150 m)
- 711.1 km Turn right onto Hatupatu Drive (100 m)
- 711.2 km At the roundabout, continue straight ahead (200 m)
- 711.4 km Turn left onto Oruawhata Drive, and follow it along the front of the museum (200 m)
- 711.6 km At the roundabout, turn right to where you started (50 m)

Congratulations on your finish!